

## **Gustatory Input**

and Sensory Processing Disorder

## Gustatory Overresponsitivity Gustatory Underresponsitivity

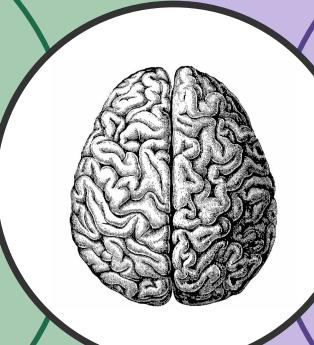
Child avoids certain foods

Gags on some foods or textures

Child has a hard time trying new foods

Avoids mushy or soft foods

Child has poor dental hygiene and refuses to go to the dentist



Child prefers hot and spicy foods

Chews nails and/or hair

Child may eat food that has gone bad

Has oral fixation, often chews on everything

Child may bite others

## **Gustatory Activities**

Add one food at a time to child's plate at dinnertime

Suck on ice/popsicles

Try simple foods like dried fruit.

Blow bubbles

Offer chew beads /chew toys

Give child an edible necklace (Cheerios on string)